



Simple Living *Beyond Living Smart* Week 9



Living
Smart



Course Outline

Wk 1: May 27	<i>Intro to Living Smart</i>
Wk 2: June 3	<i>Power Smart</i>
Wk 3: June 10	<i>Waste Smart</i>
Wk 4: June 17	<i>Gardening for Food</i>
Wk 5: June 24	<i>Travel Smart & Peak Oil</i>
Wk 6: July 1	<i>Gardening for Biodiversity - Fieldtrip</i>
Wk 7: July 8	<i>Healthy You, Home, Office</i>
Wk 8: July 15	<i>Water Smart</i>
Wk 9: July 22	Simple Living & Beyond LS
Wk 10: July 29	Community (with guest speaker)
TBA	Follow up Slide 2



Today's Program

11:00-11:15	Start-up, review goal achievement
11:15-11:45	Simple Living + Story of Stuff
11:45-12:00	Beyond Living Smart + goal setting
12:00-12:30	Eat!



What Have You Done Since Last Week?

- In Table Teams:
 - Discuss what you have done since last week;
 - Prepare to report back to main group;
- Time: 5 minutes



Simple Living

Why?



A simple life...

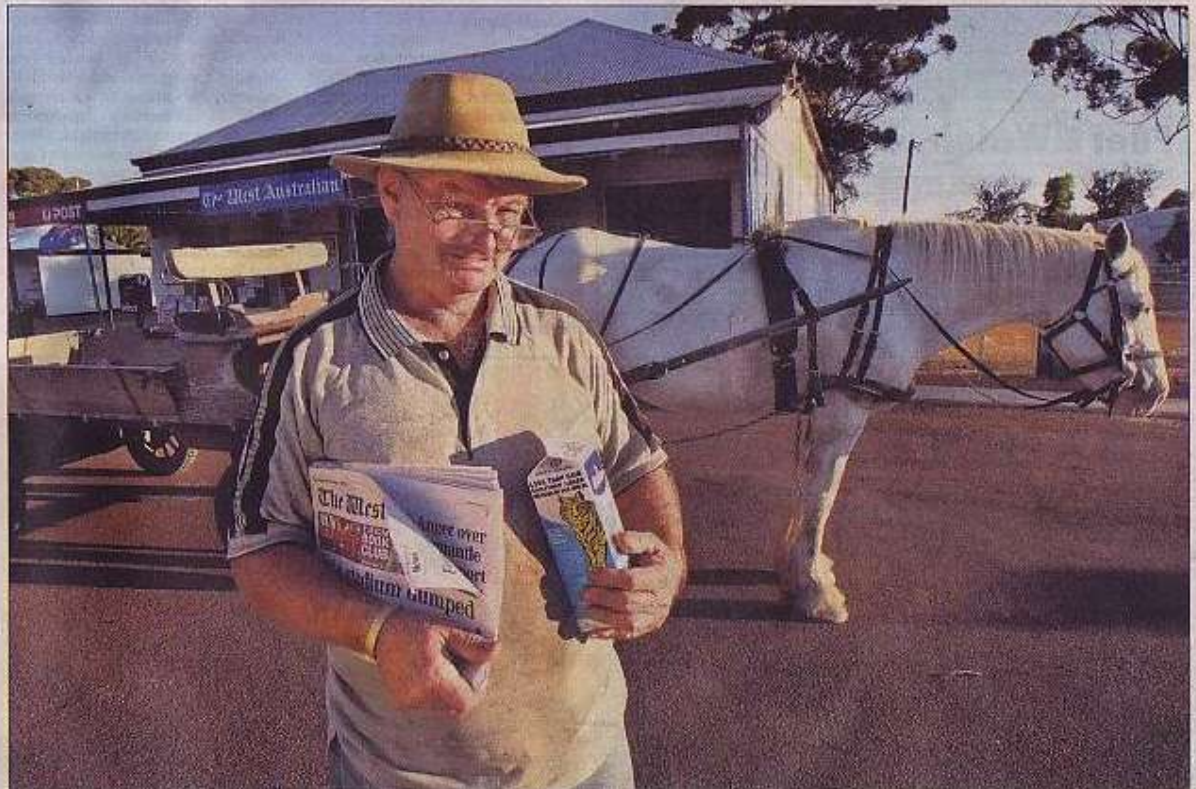


Crisis, what crisis? Not if you live a simple life

Bonnie times: For Woodanilling's Dave Oxenbridge, the economic crisis is little more than a hiccup. For as long as he has his horse Bonnie to cart him to and from the town's general store, everything Mr Oxenbridge needs is at hand on his rustic property.

Report, P12

Picture: John Makrzycki



Individually

- What do you value?
- What has given you happiness?

then...

In groups (3-4)...

- Share
- Report back **themes**





THE STORY OF STUFF



WITH ANNIE LEONARD

See the whole movie at
www.storyofstuff.com

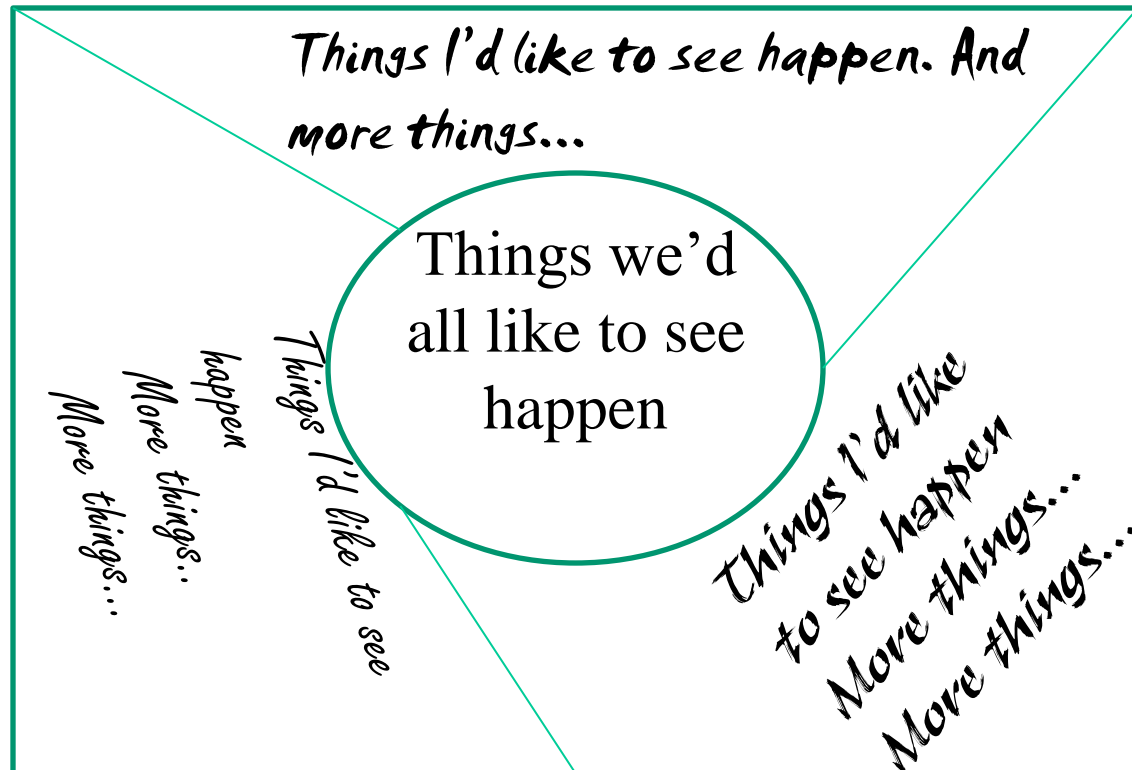


Beyond Living Smart

What next?



➤ What would you like to see happen in City of Cockburn as a result of Living Smart?



Goals...



Living
Smart

Living Smart
Sustainable Communities

My overall goal and steps to achieve this are:

goal: _____

step 1: _____

step 2: _____

step 3: _____

Why I want to achieve my goal:

Topic: _____

"Whatever you can do or dream you can, begin it. boldness has genius, power and magic in it. begin it now."
- goethe

My overall goal and steps to achieve this are:

goal: _____

step 1: _____

step 2: _____

step 3: _____

Why I want to achieve my goal:

Topic: _____

"be the change we wish the world"

What are you going to do next?