

# Chocolate, Banana and Coconut Muffins

**Preparation Time:** 10 min

**Cooking Time:** 15 min

**Servings:** 24

## Ingredients

- 125g Ghee, melted
- 165g Honey
- 2 Ripe bananas, mashed
- 2 Eggs
- 1 tsp Vanilla extract
- 2 cups Chestnut Flour
- 1 cup Desiccated coconut
- 1/3 cup Organic cocoa powder



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## Method

Preheat the oven to 200C and grease two 12-hole mini muffin pans.

Process the ghee, honey, banana, eggs and vanilla in a food processor until well combined. Sprinkle over flour with motor running on slow, then sprinkle over the cocoa powder. Mix in the coconut.

Place dessertspoons of the mixture into the prepared pans. Bake for 15 minutes.

Cool slightly and turn onto rack to cool completely.