



# *Community Smart* *Beyond Living Smart (ctd)* *Week 10*



# Course Outline



Living  
Smart

<i>Wk 1: May 27</i>	<i>Intro to Living Smart</i>
<i>Wk 2: June 3</i>	<i>Power Smart</i>
<i>Wk 3: June 10</i>	<i>Waste Smart</i>
<i>Wk 4: June 17</i>	<i>Gardening for Food</i>
<i>Wk 5: June 24</i>	<i>Travel Smart &amp; Peak Oil</i>
<i>Wk 6: July 1</i>	<i>Gardening for Biodiversity - Fieldtrip</i>
<i>Wk 7: July 8</i>	<i>Healthy You, Home, Office</i>
<i>Wk 8: July 15</i>	<i>Water Smart</i>
<i>Wk 9: July 22</i>	<i>Simple Living &amp; Beyond LS</i>
<b>Wk 10: July 29</b>	<b>Community (with guest speaker)</b>
TBA	Follow up

Slide 2

# Today's Program

11:00-11:15	Start-up, review goal achievement
11:15-11:40	Diana Collingridge's story about community
11:40-12:00	Beyond LS contd
12:00-12:30	Eat!



# What Have You Done Since Last Week?



- In Table Teams:
  - Discuss what you have done since last week;
  - Prepare to report back to main group;
- Time: 5 minutes

# Community







"Never doubt that a small group of thoughtful,  
committed citizens can change the world.  
Indeed it is the only thing that ever has."

*Margaret Mead*

"From what we get, we can make a living;  
what we give, however, makes a life"

*Arthur Ashe/Winston Churchill*

Over to you Diana...

# Activity



- As a table team:
  - Talk about the things you are already doing to participate in the community;
  - Identify those things you could do to help create a stronger community;
  - Prepare to report-back;
- Time: 5 min







# How You Can Help



- Get involved directly
- Join e-newsletter list
- Suggest board members or champions
- Support us with a donation
- Visit <http://daysofchange.org>

# Beyond Living Smart

So what will you do next?





# OVERALL GOAL CHECKLIST



N/A	To Do	Done	Topic	What to Do	How to Do It	Resources
			Power Smart	Measure the electricity consumption of your appliances;	Buy or borrow a power meter. Meters available from JayCar, Altronics or The Alternative Technology Association (online) measure power used by individual appliances. Meters such as Efergy available from Bunnings measure power usage of entire house.	<a href="http://www.altronics.com.au/index.asp?area=item&amp;id=P8133">http://www.altronics.com.au/index.asp?area=item&amp;id=P8133</a> <a href="http://www.efergy.com.au/">http://www.efergy.com.au/</a> <a href="http://shop.ata.org.au/cart.php?target=product&amp;product_id=16518&amp;category_id=255">http://shop.ata.org.au/cart.php?target=product&amp;product_id=16518&amp;category_id=255</a>
			Power Smart	Replace your electric or gas storage hot water system with a solar hot water system;	Check out the DPI Living Smart Fact Sheet.	<a href="http://www.dpi.wa.gov.au/mediaFiles/ls_SolarHotWater.pdf">http://www.dpi.wa.gov.au/mediaFiles/ls_SolarHotWater.pdf</a>
			Power Smart	Reduce the amount of energy consumed by your existing hot	Insulate any exposed hot water pipes. Consider wrapping your storage tank in insulation. Lower the temperature of the	<a href="http://www.dpi.wa.gov.au/mediaFiles/ls_StorageWaterHeater.pdf">http://www.dpi.wa.gov.au/mediaFiles/ls_StorageWaterHeater.pdf</a> <a href="http://www.dpi.wa.gov.au/mediaFiles/ls_InstantWaterHeater.pdf">http://www.dpi.wa.gov.au/mediaFiles/ls_InstantWaterHeater.pdf</a>



# Living Smarties August Meeting - Body Care Wednesday August 5th 2009 7:00pm at Beaconsfield Primary School Library



Please bring along some supper to share, a mug to drink your cuppa and your own "body care tips" for a more sustainable bathroom

Shani 0417 941 991

Tim 0466 210 590

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# Living Smart

**City of Cockburn  
May-July 2009**

Thank you for being part of this great group  
This is a beginning not an end. We're looking  
forward to your feedback!

Gary

Libby